

LUCINDA C. WEST, Ph.D.

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SAMPLE PUBLICATIONS and PRESENTATIONS (Fiction/Children's Books)

West, L. (2021, June). Meet the Author, Presented at Center Elementary School Library, Center, TX.

West, L., West, T., & Land, E. (2021). *One Day I Tried to Rhyme a Word With Onomatopoeia*. Ocala, FL: Atlantic Publishing Group, Inc. ISBN 978-1620238707.

West, L. (in press). *One Day I Tried to Rhyme a Word With Tintinnabulation*.

West, L. (in press). *One Weekend We Went Camping in a Shiny Silver Bullet*.

SAMPLE PUBLICATIONS and PRESENTATIONS (Non-Fiction/Academic)

Chandler-Jones, D., & West, L. C. (2019, October). *Overcoming IRB Challenges when Studying Vulnerable Populations in Qualitative Research Designs*. Presented at the Association of Counselor Education and Supervision (ACES) Conference, Seattle, WA.

Knight, A. & West, L. C. (2009, November). *Innovative teaching styles for the marriage and family classroom*. Presented at the annual meeting of the Christian Association for Psychological Studies (CAPS) East Conference, Chambersburg, PA.

Knight, A. & West, L. C. (2010). *Mastering Test Anxiety: School Counselor Resource Series*. Alexandria, VA: American School Counselor Association. ISBN 978-1-929289-35-6.

Scheffler, D., & West, L. C. (2019, October). *Cutting to the chase: Counselor interns' preparedness for counseling clients who self-injure*. Presented at the Association of Counselor Education and Supervision (ACES) Conference, Seattle, WA.

Scheffler, D., & West, L. C. (2018, October). *Cutting to the chase: Counselor interns' preparedness for counseling clients who self-injure*. Poster presented at the Southern Association of Counselor Education and Supervision (SACES) Conference, Myrtle Beach, SC.

Rockinson-Szapkiw, A. J., Payne, L. Z., West, L. C. (2011). Leadership Lessons from Salvador Minuchin, *The Family Journal*, 1 (2), 191-197. DOI 10.1177/1066480711400159.

West, L. C. (2014). Communicating needs and nurturing familial relationships. In Szapkiw, A. & Spaulding, L. (Eds.), *Navigating the Doctoral Journey: A Handbook of Strategies for Success* (pp. 19-30) Rowman & Littlefield Publishing Group, Inc.

West, L. C. (2019, March). *Cross-cultural kids (CCKs) and the "hidden immigrant:" Implications for the family therapist*. Presented at the World Congress for the International Family Therapy Association (IFTA), Aberdeen, Scotland.

West, L. C. (2019, March). *Understanding Caregivers and Patients with Chronic Stage IV Metastatic Breast Cancer*. Presented at the World Congress for the International Family Therapy Association (IFTA), Aberdeen, Scotland.

West, L. C. & Knight, A. (2010, October). *Passport to Wholeness: The effects of a mental health fair on college student help-seeking attitudes*. Presented at the 2010 annual national conference of the American College Counseling Association (ACCA), St. Louis, MO.

West, L. C. & Knight, A. (2011, October). *Passport to Wholeness: The effects of a mental health fair on college student help-seeking attitudes*. Presented at the 2011 annual national conference of the Association for Counselor Education and Supervision (ACES), Nashville, TN.

West, L. C., & Knight, A. (2012). *Passport to Wholeness: The effects of a campus mental health fair on help-seeking attitudes*. *VISTAS*.

West, L. C. & Schlembach, P. (2016). *The Breast Cancer Journey: Stories of Hope with Action Items for Survival*. Bloomington, IN: Westbow Press, a division of Thomas Nelson and Zondervan.

EDUCATION

Ph.D. (Counselor Education and Supervision, CACREP accredited) Regent University, Virginia Beach, VA	May 2009
M.A. (Counseling: Marriage and Family Counseling) East Tennessee State University, Johnson City, TN	May 1990
B.A. (Christian Ministry: Music and Youth Concentration) Warner University, Lake Wales, FL	June 1984
Post-Graduate Studies:	
Post Doctoral Fellowship, Villanova University, Villanova, PA	2021-2022
University of South Florida, Lakeland, FL	2006
Liberty University, Lynchburg, VA	1992

HIGHER EDUCATION TEACHING AND ADMINISTRATIVE EXPERIENCE

2010 – 2020	Core Faculty / Faculty Chair / Program Chair <i>Capella University, Minneapolis, Minnesota (virtual office)</i> Taught and mentored doctoral level CES students and masters level counseling and psychotherapy students. Subject Matter Expert Course Development. Full-time chair four years, managing 50+ faculty and MFCT program.
1994 – 2019	Adjunct Faculty, various locations <i>MidAmerica Christian University (MACU), Oklahoma City, OK</i> <i>Liberty University Distance Learning Program, Lynchburg, Virginia</i> <i>Southeastern University, Lakeland, Florida</i> <i>Warner University, Organizational Management, Lake Wales, Florida</i> Taught and mentored graduate counseling students and undergraduate business students in person or in online environments.

PROFESSIONAL/CLINICAL EXPERIENCE

Campus Counselor (Lead Therapist/Clinical Supervisor) and Coordinator of Student Services

October 2005 – June 2010 *Southeastern University, Lakeland, Florida*
Provided group, individual, couple and family therapy for university students. Supervised provisionally licensed, marriage and family therapy interns, and mental health counseling interns in clinical supervision.

Director of Counseling Services

July 2008 – June 2010 *Highland Park Counseling Center, Lakeland, Florida*
Established a psychotherapy/counseling center, including managing the center and providing clinical services.

Mental Health Counselor and Marriage & Family Therapist (LMHC & LMFT), Supervisor

Provide marriage and family therapy, group therapy, individual therapy, and mental health services. Provide supervision of MHC and MFT student interns, registered interns (FL) and LMFT associates (TX).

2014 – present *Private Practice, Conroe, TX*
1994 – 2010 *Private Practice, Orlando and Lakeland, FL*
1994 – 2001 *Physician Associates of Florida, Orlando, FL*
1990 – 1992 *Mainstream Partial Hospitalization Program, Winter Park, FL*

LICENSES AND CERTIFICATIONS

Licensed Mental Health Counselor (State of Florida #MH 3418, effective 1994)
Licensed Marriage and Family Therapist (State of Florida #MT 1773, effective 1999; State of Texas LMFT-S #20224, effective 2/10/2014)
AAMFT Approved Supervisor
State Qualified Supervisor, (State of Florida: MHC & MFT; State of Texas: MFT)
PREPARE/ENRICH Certified Provider and Trainer
Telehealth Certification (meets TX LMFT Requirement)
Online Instructional Design Certification

PROFESSIONAL MEMBERSHIPS

- American Association for Marriage and Family Therapy, Clinical Fellow, Approved Supervisor
- American Counseling Association (ACA), Professional Member
- Association of Counselor Educators and Supervisors (ACES), Professional Member
- Chi Sigma Iota National Honor Society, Regent University, 2009-present
- Delta Kappa International Honor Society, Capella University, 2016-present
- Society of Children's Book Writers and Illustrators, professional member, 2021-present
- Texas Association for Marriage and Family Therapy, Clinical Member
- The Gamma Beta Phi National Honor Society, East Tennessee State University, 2009 – present (lifetime member)